

CLEAN AIR KIDS ACTIVITY BOOK

*HI, I'M
SOPHIA!*



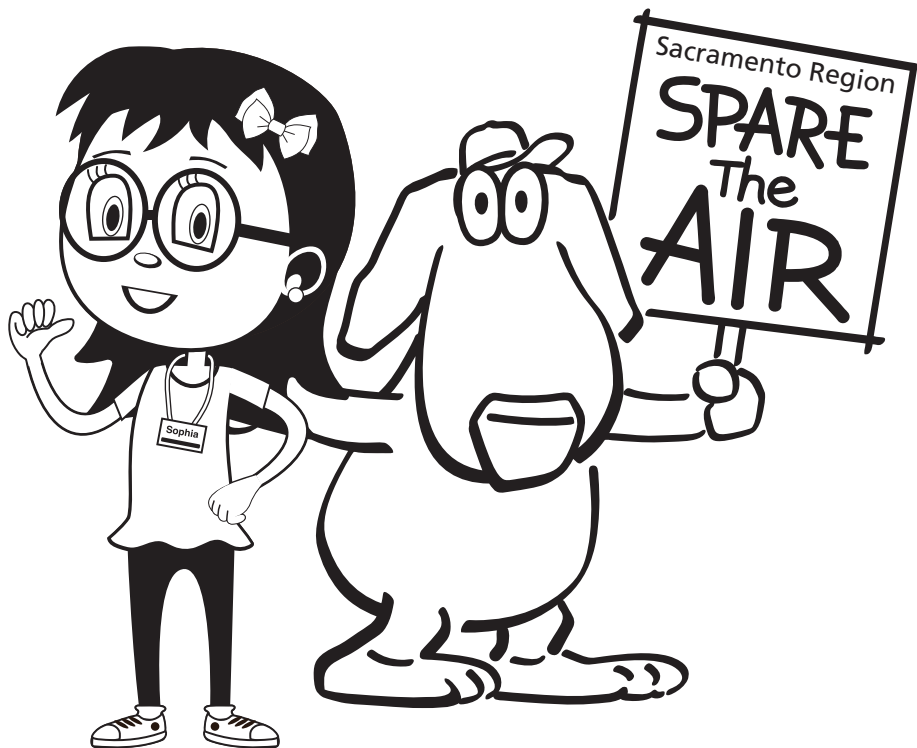
I'M SCOOTER!



PLAY AND LEARN AT
AQMDSCOOTER.COM



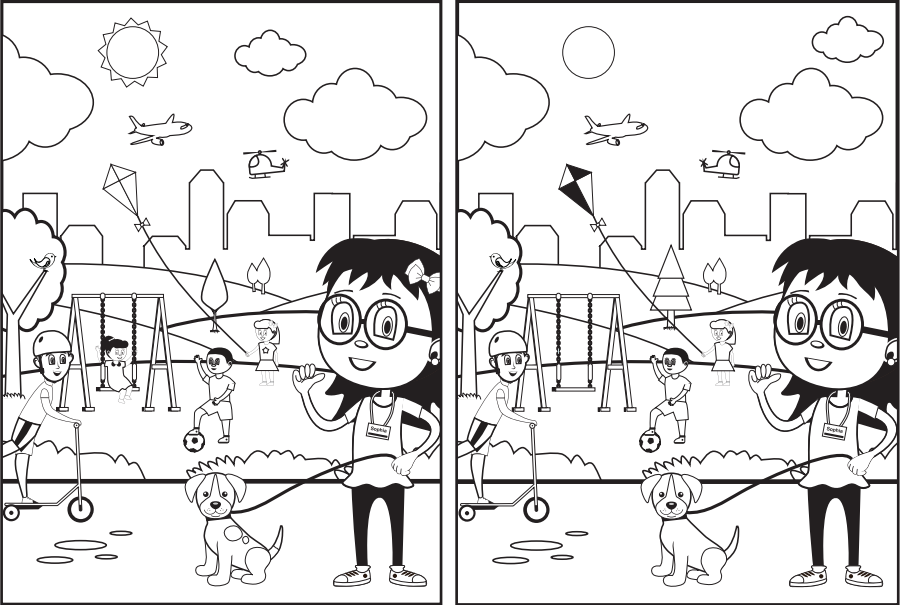
HELP PREVENT SMOG WHILE **COLORING SOPHIA AND SCOOTER®!**



Hi! My Name is Scooter®, and this is my friend, Sophia.

We're here to teach you about the Sacramento region's Spare The Air program. Poor air quality can affect your health, and even your pet's health, but there are things you can do to help us clean our air! Use this activity book to find ways you can reduce air pollution and make a big difference in your community. Visit AQMDscooter.com for more fun games and Spare The Air tips!

CAN YOU FIND THE DIFFERENCES IN THESE TWO PICTURES?



Circle all **10**
differences

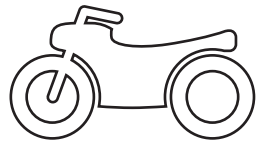
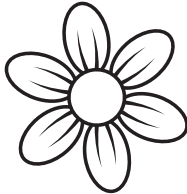
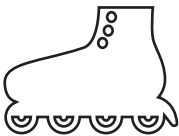
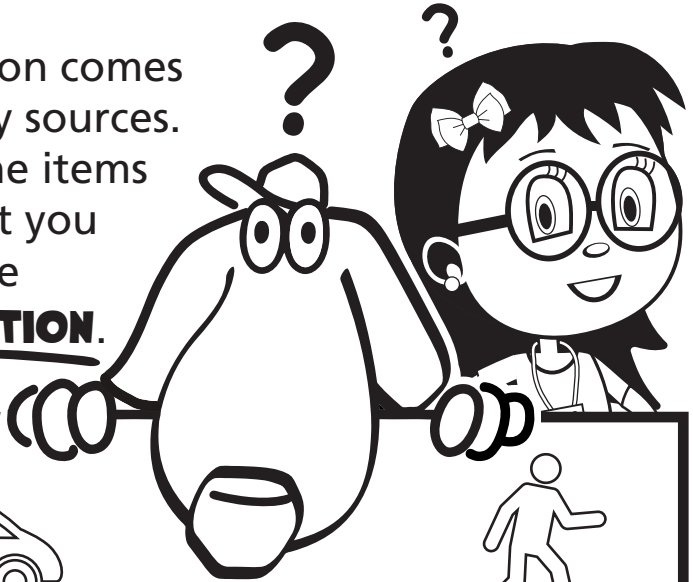
I love doing my part to help improve the air we breathe. You can help too! Look at the two pictures on this page and circle the differences on the picture to the right.

Together we can Spare The Air and make a big difference in our community!

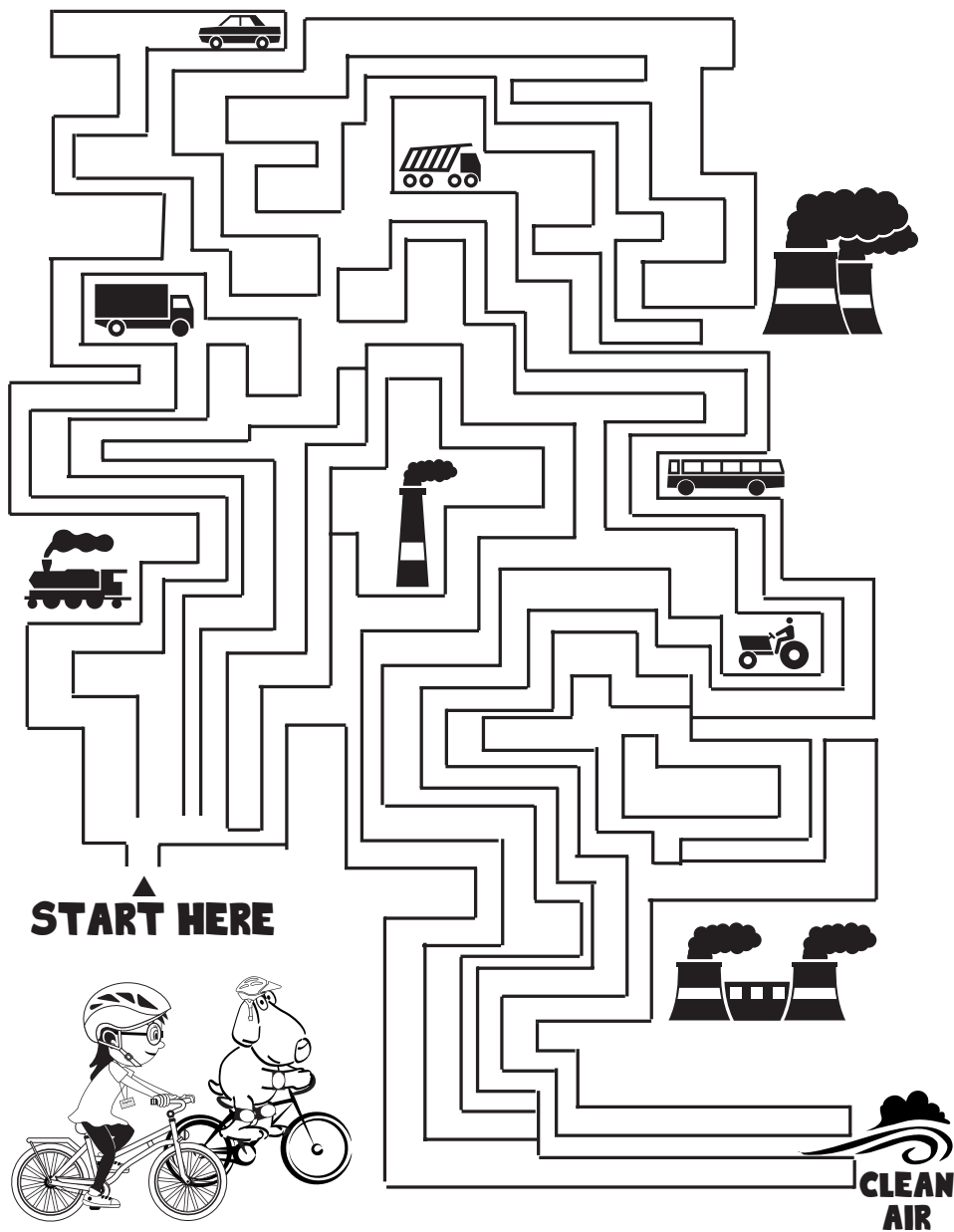
Answers: kite has different pattern, Sophia missing bow in hair, dog missing spots, girl with kite missing star on shirt, sun missing rays, cloud has moved, helicopter facing opposite direction, girl on swing missing, bird facing opposite direction, tree in middle changed.

DO YOU KNOW WHERE AIR POLLUTION COMES FROM?

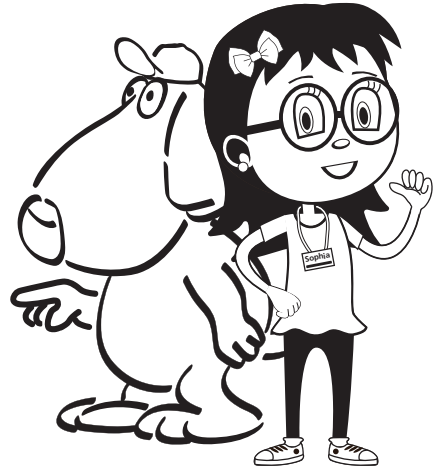
Air pollution comes from many sources. Color in the items below that you think cause **AIR POLLUTION.**



Can you help Scooter® and Sophia find their way through the **SMOGGY HAZE MAZE** to clean air?



Help us find and circle the hidden words. They all have something to do with air pollution!



Z	C	L	U	Q	T	Q	S	I	O	O	T	P	R	Z
W	L	B	N	E	H	U	F	L	N	F	I	U	E	E
A	T	I	K	Y	D	M	S	F	T	W	H	F	C	K
L	F	K	C	D	W	M	K	C	Q	R	E	A	Y	C
K	R	E	U	S	E	C	A	P	O	V	L	I	C	Q
T	E	U	H	N	S	A	T	D	B	O	Q	R	L	E
P	P	F	O	F	O	R	E	C	A	S	T	D	E	W
O	C	Z	S	A	V	P	B	I	O	Z	N	E	V	G
L	O	X	O	E	E	O	O	A	R	O	C	A	R	B
L	D	R	H	U	I	O	A	V	X	F	O	J	D	I
U	L	E	R	N	Z	L	R	N	Z	W	F	E	P	W
T	Z	D	X	E	U	Q	D	T	S	N	S	U	B	E
I	D	U	X	V	S	U	P	D	M	F	B	S	H	I
O	D	C	T	R	I	J	I	E	O	Q	R	N	T	L
N	U	E	Z	H	L	K	N	F	G	C	P	L	D	Q

Find these words

- | | | | | |
|---------|------------|---------|----------|-------|
| AIR | BIKE | CARPOOL | FORECAST | KIDS |
| OZONE | POLLUTION | RECYCLE | REDUCE | REUSE |
| SCOOTER | SKATEBOARD | SMOG | WALK | |

Let's unScramble the words in bold so we can learn more about air pollution and ways we can help reduce it!

1. A great way to Spare The Air is to **OOLPRAC** to school with your friends.

→ _ _ _ _ _

2. Before you go **TUODISE** to play, always check the air quality forecast.

→ _ _ _ _ _

3. Riding your **KIBE** or **WGNILKA** to school are great ways to help Spare The Air.

→ _ _ _ _

→ _ _ _ _ _

4. Air pollution levels during the summer are the highest in the **TRNOOFENA** and early **NEEVGIN**.

→ _ _ _ _ _

→ _ _ _ _ _

5. Encourage your family to buy food that is grown **LLACYOL**.

→ _ _ _ _ _

CLEAN AIR IS UP TO US!

THINGS YOUR FAMILY CAN DO TO SPARE THE AIR!



Walk, bike or carpool to school and after school activities



Ask your family to drive less on a Spare The Air day



Take the bus or other regional transit when able



Plant a tree



Have your parents download the **FREE** Sacramento Region Air Quality app



Pick toys that don't have extra packaging



Remind grown-ups to properly inflate their car tires



Encourage your family to buy locally grown fruits and veggies



For more fun activities and Spare The Air tips, visit AQMDscooter.com



SPARETHEAIR.COM

